

JANUARY 2025

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 W	10 22	2.4	22 26	2.5	04 10	0.7	16 12	0.9
2 TH	11 05	2.4	23 07	2.5	04 56	0.7	16 55	0.9
3 F	11 49	2.4	23 49	2.6	05 42	0.6	17 37	0.9
4 SA			12 33	2.3	06 28	0.6	18 19	1.0
5 SU	00 31	2.6	13 19	2.3	07 14	0.6	19 02	1.1
6 M	01 15	2.6	14 11	2.2	08 03	0.6	19 49	1.1
7 TU	02 02	2.5	15 22	2.1	08 56	0.7	20 42	1.2
8 W	02 56	2.5	16 44	2.1	09 59	0.7	21 48	1.2
9 TH	04 08	2.4	17 43	2.2	11 08	0.8	23 13	1.2
10 F	05 28	2.4	18 36	2.2			12 12	0.9
11 SA	06 38	2.4	19 27	2.3	00 30	1.1	13 11	0.9
12 SU	07 48	2.4	20 16	2.4	01 39	0.9	14 08	0.9
13 M	08 54	2.4	21 03	2.5	02 41	0.7	15 00	0.9
14 TU	09 47	2.4	21 46	2.5	03 34	0.6	15 46	0.9
15 W	10 34	2.4	22 28	2.6	04 22	0.5	16 26	1.0
16 TH	11 16	2.4	23 07	2.6	05 05	0.5	17 02	1.0
17 F	11 57	2.3	23 44	2.6	05 45	0.5	17 34	1.0
18 SA			12 34	2.2	06 23	0.5	18 04	1.0
19 SU	00 20	2.5	13 10	2.1	06 59	0.6	18 35	1.1
20 M	00 57	2.5	13 47	2.1	07 35	0.7	19 10	1.2
21 TU	01 38	2.4	14 31	2.0	08 14	0.9	19 51	1.2
22 W	02 24	2.3	15 38	2.0	08 59	1.0	20 42	1.3
23 TH	03 22	2.2	16 51	2.0	10 03	1.1	21 54	1.4
24 F	04 41	2.1	17 47	2.1	11 19	1.1	23 44	1.3
25 SA	05 53	2.1	18 39	2.1			12 16	1.1
26 SU	06 58	2.1	19 27	2.2	00 45	1.2	13 03	1.1
27 M	08 00	2.2	20 11	2.3	01 36	1.0	13 48	1.0
28 TU	08 50	2.3	20 51	2.4	02 25	0.9	14 33	1.0
29 W	09 32	2.3	21 30	2.5	03 13	0.7	15 18	0.9
30 TH	10 12	2.4	22 10	2.6	04 00	0.6	16 02	0.8
31 F	10 51	2.4	22 50	2.6	04 46	0.4	16 45	0.8

Time Zone UT(GMT)

FEBRUARY 2025

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 SA	11 31	2.4	23 30	2.7	05 29	0.4	17 24	0.8
2 SU			12 11	2.4	06 11	0.3	18 03	0.8
3 M	00 10	2.7	12 52	2.3	06 52	0.4	18 42	0.9
4 TU	00 52	2.7	13 37	2.2	07 34	0.5	19 24	1.0
5 W	01 38	2.6	14 31	2.1	08 21	0.7	20 14	1.0
6 TH	02 33	2.5	15 52	2.1	09 20	0.9	21 18	1.1
7 F	03 56	2.3	17 09	2.1	10 42	1.0	23 01	1.1
8 SA	05 29	2.3	18 11	2.1			12 01	1.1
9 SU	06 54	2.3	19 13	2.2	00 28	1.0	13 10	1.1
10 M	08 10	2.3	20 07	2.3	01 41	0.8	14 11	1.1
11 TU	09 01	2.4	20 51	2.4	02 40	0.6	14 58	1.0
12 W	09 42	2.4	21 31	2.5	03 27	0.5	15 37	1.0
13 TH	10 18	2.4	22 08	2.6	04 08	0.4	16 11	0.9
14 F	10 53	2.3	22 44	2.6	04 45	0.4	16 42	0.9
15 SA	11 26	2.3	23 18	2.6	05 19	0.4	17 09	0.9
16 SU	11 56	2.2	23 51	2.5	05 51	0.5	17 36	0.9
17 M			12 25	2.2	06 21	0.6	18 04	0.9
18 TU	00 26	2.5	12 55	2.1	06 50	0.7	18 37	1.0
19 W	01 03	2.4	13 32	2.1	07 21	0.9	19 16	1.1
20 TH	01 46	2.3	14 16	2.1	07 57	1.0	20 04	1.2
21 F	02 39	2.1	15 16	2.0	08 45	1.2	21 05	1.3
22 SA	03 59	2.0	16 45	2.0	10 00	1.3	22 56	1.3
23 SU	05 32	2.0	17 54	2.1	11 43	1.3		
24 M	06 48	2.1	18 53	2.1	00 18	1.1	12 41	1.2
25 TU	07 51	2.2	19 43	2.2	01 14	1.0	13 31	1.1
26 W	08 36	2.3	20 26	2.4	02 06	0.8	14 18	1.0
27 TH	09 14	2.4	21 07	2.5	02 55	0.6	15 03	0.8
28 F	09 51	2.4	21 46	2.6	03 41	0.4	15 46	0.7

Time Zone UT(GMT)

MARCH 2025

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 SA	10 29	2.5	22 26	2.7	04 25	0.3	16 27	0.7
2 SU	11 07	2.5	23 07	2.8	05 06	0.2	17 05	0.6
3 M	11 45	2.4	23 48	2.8	05 46	0.2	17 43	0.7
4 TU			12 25	2.3	06 25	0.4	18 22	0.7
5 W	00 32	2.7	13 07	2.2	07 06	0.5	19 06	0.8
6 TH	01 21	2.5	13 56	2.1	07 50	0.8	19 58	0.9
7 F	02 26	2.3	15 04	2.1	08 46	1.0	21 09	1.0
8 SA	04 10	2.2	16 33	2.1	10 27	1.2	23 04	1.0
9 SU	05 43	2.2	17 46	2.1	11 59	1.3		
10 M	07 13	2.2	18 57	2.2	00 25	0.8	13 10	1.2
11 TU	08 11	2.3	19 52	2.3	01 33	0.7	14 04	1.1
12 W	08 51	2.3	20 33	2.4	02 25	0.6	14 44	1.0
13 TH	09 24	2.3	21 09	2.5	03 07	0.5	15 18	0.9
14 F	09 55	2.3	21 43	2.5	03 43	0.4	15 48	0.9
15 SA	10 24	2.3	22 17	2.5	04 17	0.4	16 16	0.8
16 SU	10 52	2.3	22 50	2.5	04 47	0.5	16 43	0.8
17 M	11 19	2.3	23 24	2.5	05 16	0.5	17 10	0.8
18 TU	11 47	2.3	23 58	2.4	05 42	0.6	17 38	0.8
19 W			12 18	2.2	06 08	0.7	18 10	0.9
20 TH	00 34	2.3	12 53	2.2	06 38	0.9	18 49	1.0
21 F	01 16	2.2	13 35	2.1	07 14	1.0	19 34	1.0
22 SA	02 07	2.1	14 27	2.1	08 00	1.2	20 33	1.1
23 SU	03 24	2.0	15 36	2.0	09 03	1.3	22 15	1.1
24 M	05 17	2.0	17 05	2.0	11 03	1.3	23 49	1.0
25 TU	06 29	2.1	18 12	2.1			12 16	1.2
26 W	07 26	2.2	19 07	2.2	00 46	0.8	13 07	1.1
27 TH	08 10	2.3	19 53	2.4	01 38	0.6	13 54	1.0
28 F	08 48	2.4	20 36	2.5	02 27	0.5	14 39	0.8
29 SA	09 25	2.5	21 18	2.7	03 14	0.3	15 22	0.7
30 SU	10 02	2.5	22 01	2.8	03 57	0.2	16 04	0.6
31 M	10 40	2.5	22 45	2.8	04 39	0.2	16 44	0.6

Time Zone UT(GMT)

APRIL 2025

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 TU	11 20	2.4	23 30	2.7	05 19	0.3	17 25	0.5
2 W			12 00	2.4	05 59	0.4	18 08	0.6
3 TH	00 18	2.6	12 43	2.3	06 40	0.7	18 56	0.7
4 F	01 16	2.4	13 33	2.2	07 25	0.9	19 53	0.8
5 SA	02 38	2.2	14 37	2.1	08 22	1.2	21 16	0.8
6 SU	04 18	2.2	15 58	2.1	10 12	1.4	22 54	0.8
7 M	05 43	2.2	17 14	2.1	11 42	1.3		
8 TU	07 00	2.3	18 26	2.2	00 05	0.7	12 48	1.3
9 W	07 51	2.3	19 23	2.2	01 06	0.6	13 39	1.2
10 TH	08 28	2.3	20 05	2.3	01 56	0.6	14 17	1.1
11 F	08 59	2.3	20 40	2.4	02 36	0.5	14 50	0.9
12 SA	09 27	2.3	21 15	2.4	03 11	0.5	15 20	0.9
13 SU	09 54	2.3	21 49	2.4	03 42	0.5	15 49	0.8
14 M	10 19	2.3	22 24	2.4	04 11	0.6	16 17	0.7
15 TU	10 46	2.3	22 59	2.4	04 39	0.6	16 46	0.7
16 W	11 16	2.3	23 34	2.3	05 05	0.7	17 17	0.8
17 TH	11 48	2.3			05 33	0.8	17 51	0.8
18 F	00 11	2.2	12 23	2.3	06 05	0.9	18 30	0.9
19 SA	00 54	2.1	13 05	2.2	06 44	1.0	19 16	0.9
20 SU	01 46	2.1	13 56	2.1	07 31	1.2	20 16	1.0
21 M	03 01	2.0	14 58	2.1	08 32	1.3	21 47	1.0
22 TU	04 55	2.1	16 11	2.1	10 04	1.4	23 13	0.9
23 W	06 00	2.2	17 26	2.2	11 34	1.3		
24 TH	06 53	2.3	18 25	2.3	00 11	0.7	12 30	1.1
25 F	07 38	2.3	19 16	2.4	01 04	0.5	13 20	1.0
26 SA	08 18	2.4	20 04	2.5	01 54	0.4	14 08	0.8
27 SU	08 56	2.4	20 51	2.6	02 42	0.3	14 55	0.7
28 M	09 36	2.5	21 39	2.7	03 28	0.3	15 41	0.6
29 TU	10 16	2.5	22 28	2.7	04 12	0.3	16 26	0.5
30 W	10 57	2.5	23 19	2.6	04 54	0.4	17 12	0.5

Time Zone UT(GMT)

MAY 2025**LOWESTOFT**

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 TH	11 40	2.4			05 36	0.6	18 00	0.5
2 F	00 15	2.5	12 25	2.4	06 20	0.8	18 52	0.5
3 SA	01 20	2.3	13 16	2.3	07 06	1.1	19 52	0.6
4 SU	02 43	2.2	14 15	2.2	08 01	1.3	21 09	0.7
5 M	04 05	2.2	15 22	2.2	09 30	1.4	22 27	0.7
6 TU	05 19	2.2	16 33	2.2	11 01	1.4	23 31	0.7
7 W	06 26	2.2	17 39	2.2			12 05	1.3
8 TH	07 18	2.2	18 38	2.2	00 26	0.7	12 58	1.2
9 F	07 57	2.2	19 26	2.2	01 15	0.7	13 41	1.1
10 SA	08 29	2.3	20 08	2.3	01 57	0.7	14 17	1.0
11 SU	08 57	2.3	20 46	2.3	02 32	0.7	14 50	0.9
12 M	09 23	2.3	21 24	2.3	03 05	0.7	15 21	0.8
13 TU	09 49	2.4	22 01	2.3	03 34	0.7	15 53	0.8
14 W	10 18	2.4	22 39	2.3	04 04	0.8	16 27	0.8
15 TH	10 50	2.4	23 17	2.2	04 34	0.8	17 01	0.7
16 F	11 24	2.4	23 57	2.2	05 07	0.9	17 39	0.8
17 SA			12 02	2.3	05 44	1.0	18 21	0.8
18 SU	00 41	2.1	12 45	2.3	06 25	1.1	19 10	0.8
19 M	01 34	2.1	13 35	2.2	07 13	1.2	20 08	0.8
20 TU	02 40	2.1	14 29	2.2	08 10	1.2	21 21	0.8
21 W	04 19	2.1	15 29	2.2	09 19	1.3	22 35	0.7
22 TH	05 25	2.2	16 37	2.3	10 40	1.3	23 35	0.6
23 F	06 17	2.2	17 44	2.3	11 47	1.2		
24 SA	07 04	2.3	18 42	2.4	00 29	0.5	12 44	1.0
25 SU	07 48	2.4	19 36	2.5	01 22	0.5	13 38	0.9
26 M	08 30	2.4	20 30	2.6	02 13	0.4	14 32	0.7
27 TU	09 12	2.5	21 24	2.6	03 02	0.5	15 24	0.6
28 W	09 55	2.5	22 20	2.6	03 50	0.5	16 15	0.5
29 TH	10 39	2.5	23 17	2.5	04 35	0.7	17 05	0.4
30 F	11 25	2.5			05 19	0.8	17 55	0.4
31 SA	00 14	2.4	12 11	2.5	06 03	1.0	18 47	0.4

Time Zone UT(GMT)

JUNE 2025**LOWESTOFT**

Date	HEIGHTS ABOVE CHART DATUM								
	High Water				Low Water				
	Morning		Afternoon		Morning		Afternoon		
	Time	m	Time	m	Time	m	Time	m	
1	SU	01 14	2.3	12 59	2.4	06 48	1.1	19 42	0.5
2	M	02 23	2.2	13 49	2.4	07 35	1.2	20 43	0.6
3	TU	03 35	2.1	14 43	2.3	08 29	1.4	21 48	0.7
4	W	04 40	2.1	15 43	2.2	09 48	1.4	22 49	0.7
5	TH	05 40	2.1	16 48	2.2	11 07	1.4	23 43	0.8
6	F	06 34	2.1	17 48	2.2			12 08	1.3
7	SA	07 20	2.2	18 44	2.2	00 31	0.8	12 58	1.2
8	SU	07 56	2.2	19 35	2.2	01 15	0.8	13 41	1.1
9	M	08 26	2.3	20 22	2.2	01 53	0.8	14 20	1.0
10	TU	08 54	2.3	21 06	2.2	02 28	0.9	14 57	0.9
11	W	09 23	2.4	21 47	2.2	03 01	0.9	15 34	0.8
12	TH	09 55	2.4	22 27	2.2	03 36	0.9	16 12	0.8
13	F	10 30	2.4	23 07	2.2	04 12	0.9	16 53	0.7
14	SA	11 08	2.4	23 49	2.2	04 51	0.9	17 35	0.7
15	SU	11 49	2.4			05 31	1.0	18 19	0.7
16	M	00 32	2.2	12 30	2.4	06 13	1.0	19 06	0.7
17	TU	01 19	2.2	13 15	2.4	06 58	1.1	19 56	0.7
18	W	02 11	2.1	14 02	2.4	07 47	1.2	20 52	0.7
19	TH	03 21	2.1	14 53	2.4	08 42	1.2	21 54	0.6
20	F	04 43	2.2	15 54	2.4	09 46	1.2	22 58	0.6
21	SA	05 41	2.2	17 09	2.4	11 02	1.2	23 59	0.6
22	SU	06 32	2.3	18 16	2.4			12 13	1.1
23	M	07 20	2.3	19 18	2.4	00 55	0.7	13 17	0.9
24	TU	08 07	2.4	20 21	2.5	01 51	0.7	14 18	0.8
25	W	08 53	2.5	21 23	2.5	02 45	0.7	15 16	0.6
26	TH	09 40	2.5	22 21	2.5	03 35	0.8	16 10	0.5
27	F	10 26	2.6	23 13	2.4	04 22	0.8	17 00	0.4
28	SA	11 10	2.6			05 06	0.9	17 47	0.4
29	SU	00 03	2.4	11 53	2.6	05 47	1.0	18 33	0.4
30	M	00 52	2.3	12 36	2.5	06 25	1.1	19 18	0.5

Time Zone UT(GMT)

JULY 2025**LOWESTOFT**

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 TU	01 44	2.2	13 18	2.5	07 02	1.2	20 05	0.6
2 W	02 43	2.1	14 02	2.4	07 41	1.2	20 56	0.7
3 TH	03 48	2.1	14 52	2.3	08 25	1.3	21 54	0.8
4 F	04 45	2.1	15 53	2.2	09 24	1.4	22 54	0.9
5 SA	05 38	2.1	17 03	2.2	11 05	1.4	23 48	1.0
6 SU	06 28	2.1	18 07	2.1			12 16	1.3
7 M	07 13	2.2	19 10	2.1	00 36	1.0	13 08	1.2
8 TU	07 52	2.3	20 10	2.2	01 19	1.0	13 54	1.1
9 W	08 27	2.3	20 59	2.2	01 58	1.0	14 37	0.9
10 TH	09 01	2.4	21 40	2.3	02 37	1.0	15 19	0.8
11 F	09 37	2.5	22 18	2.3	03 17	1.0	16 02	0.7
12 SA	10 15	2.5	22 56	2.3	03 58	0.9	16 45	0.6
13 SU	10 53	2.5	23 35	2.3	04 39	0.9	17 27	0.6
14 M	11 32	2.6			05 20	0.9	18 09	0.5
15 TU	00 14	2.3	12 11	2.6	06 00	0.9	18 51	0.5
16 W	00 55	2.3	12 52	2.6	06 40	1.0	19 34	0.6
17 TH	01 40	2.2	13 35	2.6	07 23	1.1	20 20	0.6
18 F	02 32	2.2	14 24	2.5	08 11	1.1	21 14	0.7
19 SA	03 47	2.1	15 24	2.4	09 08	1.2	22 22	0.8
20 SU	05 03	2.2	16 49	2.4	10 25	1.2	23 35	0.9
21 M	06 01	2.2	18 06	2.4	11 55	1.1		
22 TU	06 57	2.3	19 20	2.4	00 40	0.9	13 08	0.9
23 W	07 50	2.4	20 32	2.4	01 41	1.0	14 16	0.8
24 TH	08 40	2.5	21 28	2.4	02 39	1.0	15 14	0.6
25 F	09 26	2.6	22 16	2.5	03 28	0.9	16 04	0.4
26 SA	10 10	2.6	22 59	2.4	04 11	0.9	16 48	0.4
27 SU	10 51	2.7	23 40	2.4	04 50	0.9	17 29	0.4
28 M	11 30	2.7			05 25	1.0	18 08	0.4
29 TU	00 19	2.3	12 07	2.6	05 57	1.0	18 46	0.5
30 W	00 57	2.2	12 44	2.6	06 28	1.1	19 22	0.7
31 TH	01 34	2.1	13 24	2.5	07 01	1.1	19 58	0.8

Time Zone UT(GMT)

AUGUST 2025

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 F	02 15	2.1	14 08	2.4	07 40	1.2	20 40	1.0
2 SA	03 11	2.1	15 04	2.2	08 28	1.3	21 36	1.1
3 SU	04 25	2.1	16 24	2.1	09 35	1.4	22 57	1.2
4 M	05 25	2.1	17 41	2.1	11 35	1.3		
5 TU	06 20	2.2	18 56	2.1	00 01	1.2	12 40	1.2
6 W	07 13	2.3	20 04	2.2	00 52	1.2	13 31	1.1
7 TH	07 58	2.3	20 48	2.3	01 37	1.2	14 18	0.9
8 F	08 38	2.4	21 24	2.3	02 19	1.1	15 02	0.8
9 SA	09 15	2.5	21 59	2.4	03 02	1.0	15 45	0.6
10 SU	09 53	2.6	22 35	2.4	03 44	0.9	16 27	0.5
11 M	10 31	2.7	23 12	2.4	04 25	0.8	17 08	0.4
12 TU	11 09	2.7	23 49	2.4	05 04	0.8	17 48	0.4
13 W	11 48	2.7			05 41	0.9	18 26	0.4
14 TH	00 28	2.4	12 27	2.7	06 19	0.9	19 06	0.5
15 F	01 09	2.3	13 11	2.7	06 59	1.0	19 48	0.7
16 SA	01 56	2.2	14 02	2.5	07 46	1.0	20 38	0.9
17 SU	02 57	2.2	15 12	2.4	08 45	1.1	21 49	1.0
18 M	04 24	2.2	16 52	2.3	10 13	1.1	23 23	1.2
19 TU	05 34	2.2	18 18	2.3	11 54	1.0		
20 W	06 37	2.3	19 42	2.4	00 36	1.2	13 09	0.9
21 TH	07 37	2.4	20 39	2.4	01 42	1.2	14 14	0.7
22 F	08 26	2.5	21 22	2.5	02 35	1.1	15 05	0.5
23 SA	09 08	2.6	21 59	2.5	03 18	1.0	15 48	0.4
24 SU	09 48	2.7	22 35	2.4	03 54	1.0	16 27	0.4
25 M	10 26	2.7	23 09	2.4	04 27	0.9	17 03	0.4
26 TU	11 02	2.7	23 42	2.3	04 58	0.9	17 36	0.5
27 W	11 37	2.7			05 27	0.9	18 07	0.6
28 TH	00 12	2.3	12 12	2.6	05 56	1.0	18 37	0.7
29 F	00 43	2.3	12 50	2.5	06 28	1.0	19 07	0.9
30 SA	01 18	2.2	13 32	2.3	07 05	1.1	19 41	1.1
31 SU	02 01	2.2	14 26	2.2	07 51	1.2	20 25	1.2

Time Zone UT(GMT)

SEPTEMBER 2025

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 M	02 56	2.1	15 48	2.1	08 50	1.3	21 28	1.4
2 TU	04 17	2.1	17 23	2.1	10 49	1.3	23 27	1.4
3 W	05 31	2.2	18 40	2.2			12 11	1.2
4 TH	06 31	2.3	19 41	2.3	00 28	1.3	13 04	1.0
5 F	07 23	2.3	20 23	2.3	01 16	1.2	13 51	0.9
6 SA	08 06	2.5	20 58	2.4	01 59	1.1	14 36	0.7
7 SU	08 45	2.6	21 32	2.5	02 41	1.0	15 19	0.5
8 M	09 24	2.7	22 08	2.5	03 22	0.9	16 01	0.4
9 TU	10 03	2.8	22 44	2.5	04 03	0.8	16 41	0.3
10 W	10 43	2.8	23 21	2.5	04 42	0.8	17 20	0.3
11 TH	11 23	2.8			05 20	0.8	17 58	0.4
12 F	00 00	2.5	12 06	2.8	05 59	0.8	18 38	0.6
13 SA	00 41	2.4	12 53	2.7	06 42	0.9	19 19	0.8
14 SU	01 27	2.3	13 52	2.5	07 32	0.9	20 10	1.1
15 M	02 26	2.2	15 26	2.3	08 37	1.0	21 27	1.3
16 TU	03 48	2.2	17 07	2.3	10 24	1.0	23 19	1.4
17 W	05 07	2.2	18 35	2.4	11 51	0.9		
18 TH	06 16	2.3	19 43	2.4	00 33	1.3	13 00	0.8
19 F	07 17	2.4	20 28	2.4	01 33	1.3	13 58	0.6
20 SA	08 04	2.5	21 03	2.5	02 19	1.2	14 44	0.6
21 SU	08 44	2.6	21 35	2.4	02 56	1.1	15 22	0.5
22 M	09 21	2.7	22 06	2.4	03 29	1.0	15 58	0.5
23 TU	09 57	2.7	22 36	2.4	04 00	0.9	16 30	0.5
24 W	10 33	2.7	23 05	2.4	04 30	0.9	17 00	0.6
25 TH	11 08	2.6	23 34	2.4	04 59	0.9	17 27	0.7
26 F	11 43	2.5			05 28	0.9	17 54	0.8
27 SA	00 04	2.4	12 20	2.4	06 00	1.0	18 22	1.0
28 SU	00 38	2.3	13 02	2.3	06 37	1.1	18 56	1.1
29 M	01 19	2.3	13 54	2.2	07 22	1.2	19 40	1.3
30 TU	02 10	2.2	15 13	2.1	08 19	1.2	20 37	1.4

Time Zone UT(GMT)

OCTOBER 2025

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 W	03 14	2.2	17 03	2.1	09 56	1.3	22 16	1.5
2 TH	04 37	2.2	18 12	2.2	11 35	1.1	23 53	1.4
3 F	05 47	2.3	19 07	2.3			12 28	1.0
4 SA	06 42	2.4	19 50	2.4	00 43	1.3	13 15	0.8
5 SU	07 28	2.5	20 26	2.5	01 28	1.1	14 02	0.6
6 M	08 10	2.6	21 02	2.5	02 11	1.0	14 46	0.5
7 TU	08 52	2.7	21 38	2.6	02 54	0.9	15 29	0.4
8 W	09 34	2.8	22 16	2.6	03 36	0.8	16 11	0.3
9 TH	10 18	2.9	22 54	2.6	04 18	0.7	16 52	0.4
10 F	11 03	2.8	23 35	2.5	05 01	0.7	17 32	0.5
11 SA	11 52	2.7			05 44	0.7	18 13	0.8
12 SU	00 17	2.5	12 47	2.6	06 33	0.8	18 57	1.0
13 M	01 06	2.4	13 59	2.4	07 28	0.8	19 50	1.3
14 TU	02 05	2.3	15 42	2.3	08 42	0.9	21 11	1.4
15 W	03 19	2.3	17 07	2.3	10 19	0.9	22 59	1.5
16 TH	04 37	2.3	18 25	2.4	11 32	0.8		
17 F	05 46	2.3	19 23	2.4	00 08	1.4	12 34	0.7
18 SA	06 47	2.4	20 04	2.4	01 06	1.3	13 28	0.7
19 SU	07 35	2.5	20 37	2.4	01 51	1.2	14 12	0.6
20 M	08 15	2.5	21 07	2.4	02 27	1.1	14 49	0.6
21 TU	08 52	2.6	21 36	2.5	03 00	1.0	15 23	0.6
22 W	09 30	2.6	22 03	2.5	03 32	0.9	15 54	0.7
23 TH	10 06	2.6	22 31	2.5	04 03	0.9	16 22	0.8
24 F	10 42	2.5	23 00	2.5	04 33	0.9	16 49	0.8
25 SA	11 18	2.4	23 31	2.5	05 04	0.9	17 16	0.9
26 SU	11 56	2.3			05 38	0.9	17 47	1.0
27 M	00 06	2.4	12 38	2.2	06 16	1.0	18 24	1.2
28 TU	00 47	2.4	13 29	2.2	07 01	1.1	19 09	1.3
29 W	01 37	2.3	14 39	2.1	07 58	1.1	20 05	1.4
30 TH	02 35	2.3	16 32	2.1	09 19	1.1	21 17	1.5
31 F	03 42	2.3	17 36	2.2	10 48	1.0	22 54	1.4

Time Zone UT(GMT)

NOVEMBER 2025

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 SA	04 55	2.3	18 28	2.3	11 47	0.9	23 58	1.3
2 SU	05 56	2.4	19 12	2.4			12 37	0.7
3 M	06 48	2.5	19 53	2.5	00 49	1.2	13 25	0.6
4 TU	07 35	2.6	20 31	2.5	01 37	1.0	14 12	0.5
5 W	08 22	2.7	21 10	2.6	02 25	0.9	14 58	0.4
6 TH	09 10	2.8	21 50	2.6	03 12	0.8	15 43	0.5
7 F	09 59	2.8	22 31	2.6	03 59	0.7	16 27	0.6
8 SA	10 51	2.7	23 14	2.6	04 47	0.6	17 10	0.7
9 SU	11 47	2.6			05 36	0.6	17 54	0.9
10 M	00 00	2.5	12 49	2.5	06 29	0.6	18 41	1.1
11 TU	00 50	2.5	14 03	2.3	07 27	0.7	19 33	1.3
12 W	01 47	2.4	15 31	2.3	08 37	0.7	20 40	1.5
13 TH	02 50	2.4	16 46	2.3	09 54	0.7	22 14	1.5
14 F	03 59	2.3	17 53	2.3	11 00	0.7	23 26	1.5
15 SA	05 07	2.3	18 49	2.3	11 58	0.7		
16 SU	06 08	2.4	19 33	2.3	00 24	1.4	12 49	0.8
17 M	06 59	2.4	20 08	2.4	01 13	1.3	13 34	0.8
18 TU	07 45	2.4	20 39	2.4	01 54	1.1	14 12	0.8
19 W	08 27	2.4	21 06	2.4	02 31	1.0	14 46	0.8
20 TH	09 07	2.4	21 33	2.5	03 06	1.0	15 17	0.8
21 F	09 46	2.4	22 01	2.5	03 40	0.9	15 47	0.9
22 SA	10 24	2.4	22 32	2.5	04 13	0.9	16 16	0.9
23 SU	11 01	2.3	23 06	2.5	04 48	0.9	16 48	1.0
24 M	11 41	2.3	23 43	2.5	05 24	0.9	17 23	1.1
25 TU			12 24	2.2	06 05	0.9	18 03	1.1
26 W	00 25	2.4	13 11	2.2	06 51	0.9	18 48	1.2
27 TH	01 12	2.4	14 07	2.1	07 44	0.9	19 40	1.3
28 F	02 03	2.4	15 28	2.1	08 47	0.9	20 40	1.4
29 SA	02 58	2.3	16 52	2.2	09 58	0.9	21 50	1.4
30 SU	04 00	2.4	17 47	2.3	11 02	0.8	23 06	1.3

Time Zone UT(GMT)

DECEMBER 2025

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 M	05 10	2.4	18 35	2.3	11 59	0.7		
2 TU	06 12	2.5	19 20	2.4	00 09	1.2	12 51	0.6
3 W	07 06	2.6	20 02	2.5	01 05	1.0	13 42	0.6
4 TH	08 00	2.6	20 45	2.5	02 00	0.9	14 32	0.6
5 F	08 55	2.7	21 28	2.6	02 55	0.7	15 21	0.6
6 SA	09 52	2.7	22 13	2.6	03 48	0.6	16 09	0.7
7 SU	10 49	2.6	23 00	2.6	04 41	0.5	16 55	0.8
8 M	11 46	2.5	23 47	2.6	05 32	0.5	17 40	1.0
9 TU			12 44	2.4	06 24	0.5	18 25	1.1
10 W	00 34	2.6	13 45	2.3	07 17	0.5	19 11	1.2
11 TH	01 23	2.5	14 58	2.2	08 14	0.6	20 00	1.3
12 F	02 15	2.5	16 09	2.2	09 15	0.7	20 59	1.4
13 SA	03 13	2.4	17 10	2.2	10 18	0.8	22 21	1.5
14 SU	04 20	2.3	18 06	2.2	11 16	0.8	23 34	1.4
15 M	05 25	2.3	18 55	2.2			12 09	0.9
16 TU	06 24	2.3	19 36	2.3	00 33	1.3	12 55	0.9
17 W	07 19	2.3	20 11	2.3	01 23	1.2	13 36	1.0
18 TH	08 12	2.3	20 40	2.4	02 06	1.1	14 13	1.0
19 F	08 57	2.3	21 08	2.4	02 45	1.0	14 47	1.0
20 SA	09 38	2.3	21 39	2.5	03 23	0.9	15 20	1.0
21 SU	10 16	2.3	22 13	2.5	04 00	0.8	15 54	1.0
22 M	10 53	2.3	22 50	2.5	04 38	0.8	16 31	1.0
23 TU	11 31	2.3	23 29	2.5	05 18	0.8	17 09	1.0
24 W			12 10	2.3	05 59	0.8	17 49	1.0
25 TH	00 08	2.5	12 51	2.2	06 42	0.8	18 32	1.1
26 F	00 50	2.5	13 36	2.2	07 26	0.8	19 16	1.2
27 SA	01 33	2.5	14 28	2.1	08 15	0.8	20 06	1.2
28 SU	02 20	2.4	15 41	2.1	09 10	0.8	21 03	1.2
29 M	03 15	2.4	17 02	2.2	10 15	0.8	22 11	1.2
30 TU	04 26	2.4	17 58	2.2	11 23	0.8	23 33	1.2
31 W	05 43	2.4	18 49	2.3			12 24	0.8

Time Zone UT(GMT)

LOWESTOFT

British Summer Time: 01:00 30 March 2025 – 01:00 26 October 2025